



## Swimming Pool Information

<b>LENGTH</b>	60 feet	Equals	20 yards
<b>Lap</b>	40 yards	equals	2 lengths
<b>1 Mile</b>	1,760yards	equals	44 laps
<b>Temperature</b>	82 <u>°F</u>	equals	28 <u>°C</u>
<b>Disinfectant</b>	Bromine	equals	No chlorine smell
<b>Lanes</b>	3 lanes	equals	Small/Medium/ Fast
<b>Circle Swim</b>	Keep on your right.		5 Swimmers/lane
<b>Closing Time</b>	15 minutes	earlier	than club.

# Pool Rules/Regulations

Aquatics Director: Marlon Guevara

1. Shower before using:
  - Swimming Pool
  - Cold Plunge
  - Steam Room
  - European Bath
2. No shoes are allowed. Flip flops are required.
3. Swim suits are required while in the pool area.
4. No eating or drinking allowed. Clear bottled water in plastic container only.
5. No shaving in Steam Room and European Bath.
6. No smoking.
7. No electronic devices.
8. No Diving.
9. Pool will be closed during maintenance.
10. No Running.
11. **No Swimming allowed while no Lifeguard on duty.**
12. No pets.
13. No strollers of any kind.
14. Use assigned baby changing station when changing diapers.
15. No horse playing or disruptive behavior allowed.
16. Member's dependants under the age of 16:
  - Must be accompanied by an adult at all times.
  - Are allowed only during Open Swim and Learn-to-Swim (if enrolled).
  - Are not allowed in pool area after 7:30pm (Monday-Friday).
  - 0-5 years old are admitted free.
  - 6-15 years old are charge \$10.00 per day for pool usage.
  - 16 years old and up are charge \$15.00 per day for pool usage.
  - **There is a maximum of two (2) minors per member.**
17. Swim Caps are mandatory.
18. Adult-Learn-to Swim: Participants must be enrolled in program to participate. Fee applies.
19. Swim diapers are mandatory for infants/toddlers. (no exception to this rule)
20. Lap Swim: Stay on your right at all times (circle swim).
  - Note: There is enough room for at least five (5) swimmers per lane. Stay on the correct lane depending on you speed [Slow, Medium, and Fast].
21. Pool parties must be reserved/paid and approved three (3) weeks in advance by the Aquatics Director.
22. Private swim lessons will be scheduled depending on Swimming Instructor's availability.
23. There will always be one (1) lane for lap swimming, except during pool parties and pool maintenance.
24. No one is allowed in the pool, cold plunge and sun deck during storms [Lighting/Thundering].
25. Keep noise level down in Steam Room and European Bath.
26. The Aquatics Department closes 15 minutes earlier than Health Club.
27. Obey Lifeguards at all times.

**Note: Sky Club Fitness & Spa reserves the right to change pool's rules and schedule without prior notice.**